



2023



TFHNJ is funded through the NJ Department of Health, Office of Tobacco Control and Prevention. TFHNJ works to reduce tobacco use and the negative impact of secondhand smoke throughout all counties of New Jersey. TFHNJ creates synergistic opportunities to engage local coalitions and public health advocates to promote tobacco control initiatives in their prevention work!

The Great American Smokeout is an annual event sponsored by the American Cancer Society (ACS). It is held on the 3rd Thursday of November. Today, more than 43 million people in the U.S. smoke cigarettes, that is about 1 in 5 adults. Tobacco Free for Healthy NJ is providing resources to help you educate your community as well as direct them cessation services.



The Working Well Tobacco-Free project focuses on Tobacco Prevention and Cessation Services for Young Adults in the Workplace through Wellness Policies. Following best practices, the Working Well Tobacco Free program increases 100% Tobacco Free Worksites and increases the use of effective cessation by young adults 19-29 year olds.

The goal of this project is to enhance statewide efforts to institutionalize comprehensive tobacco free college policies, targeting 18-24 year-old young adults, and create an environment that supports tobacco free living as well as quitting. We provide mini-grants to two and four-year college/universities that do not currently have a 100% tobacco free policy.



TFHNJ works to increase opportunities for Smoke-Free living for all New Jersey residents. We accomplish this by providing assistance to housing authorities, property managers, and landlords who want to implement or improve their Smoke-Free Housing policy, reduce costs attributed to smoking and improve the health of their residents.

## CONTACT US



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A prevention and cessation program for youth 13-18 years old throughout NJ to educate and mobilize their peers across the state to take action in creating tobacco free communities. Focus is on the risks associated with electronic nicotine delivery systems (ENDS), and other non-cigarette tobacco products among youth.

A comprehensive, multi-strategy approach to the vaping epidemic among youth. "The Don't Get Vaped In" training manual includes three curriculums: Adult to Adult training, Adult to Youth training, and Youth to Youth training.



Tobacco Age of Sale  
**ONLY 21+**  
TOBACCO & E-CIG SALES ONLY  
TO PERSONS AGE 21 AND OVER  
BL 2017, c118

Our Point of Sale Initiatives include reducing youth access to tobacco products, a merchant education program, and technical assistance to municipalities interested in POS strategies.

# QUIT FOR YOUR HEALTH

## NOVEMBER 16, 2023



Learn more  
about GASO:

[tobaccofreenj.com/GASO](http://tobaccofreenj.com/GASO)

